## Binghamton Yoga New Student Information

Fir	First Name													Last Name									
Str	Street Address City																						
Sto	ate		Zip	Co	ode	<u> </u>		_				Pho	one	N	uml	oer	(if	we	nee	d to	re	ach	you)
Email (for updates on cancellations, new classes & workshops - average 3 emails/month														nonth)									
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_	Emergency Contact Name Phone Number																						
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Но	How did you hear about us?																						
	Google Search Facebook/Instagram Store Front																						
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	Friend Friends Name?																						
I am aware that Binghamton Yoga is here to serve me by providing instruction in the practice of yoga. I acknowledge that I do not have any restrictions that prevent my participation in yoga and that it is my responsibility to inform Binghamton Yoga of any changes in my health that would affect my ability to participate in classes. I understand that the practice of yoga involves physical movement, which may from time to time be strenuous, and that such practice carries some risk of injury. I understand that part of the risk involved in the practice of yoga is relative to my own state of fitness or health (physical, mental, or emotional) and to the awareness, care, and skill with which I engage in the practice. By my participation in classes at Binghamton Yoga I agree to take full responsibility for not exceeding my limits in the practice of yoga, and for any injury I might suffer while participating in classes. I acknowledge that it is my responsibility to inform the instructor immediately if any injury occurs during class. I understand that instructors may physically adjust students' form during class. If I do not want such physical adjustments, it is my responsibility to inform the instructor at each class. In acknowledgement of the fact that such participation is entirely voluntary on my part, I do hereby expressly release and discharge Binghamton Yoga, and its instructors, owners, and staff, from any and all claims, demands, causes of action, and fees, which I have ever had, now have, or may or claim to have arising out of my participation in yoga classes at Binghamton Yoga. I acknowledge that pictures will be taken and agree to allow my likeness to be used in advertisements, social media, and online.																							
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